



Helping Families Helping Children

Since 1984, the Ma Mawi Wi Chi Itata Centre has worked to support families to better care for children by creating meaningful opportunities for community and family involvement. We believe that **strengthening families is a worthy investment in the future.**

By focusing on the positives and building upon individual strengths, we have helped our families make tremendous strides in their ability to nurture and provide secure environments for their children.

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Ma Mawi Wi Chi Itata Centre

Adolescent Parent Support Project

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Residential Learning Centre

*"We all work together
to help one another"*



Est. 1984

Adolescent Parent Support Project...

*Supporting young mothers
in their journey toward
healthy parenting
and independent futures*

Program Description

The Adolescent Parent Support Project is a comprehensive two stage approach which provides a nurturing and safe environment for pregnant and adolescent parents ages 14 - 17. Here, young parents learn effective parenting and life skills in preparation for independent living.

Objectives

Stage One:

- To provide a nurturing and safe environment for pregnant and adolescent parents to acquire the skills necessary to make informed decisions and healthy choices for themselves and their children.

Stage Two:

- To provide young mothers with a safe place to learn skills to become the most important and influential teacher of their children while building strong support networks for the future.

Approach

The Adolescent Parent Support Project incorporates key components that promote the physical, emotional, mental and spiritual development of each resident. Participants are completely involved and have input into the planning, monitoring and evaluation goals set at the time of admission and throughout the program.

Our programs are designed to build a strong foundation through a process of self-discovery and self-esteem building.

Additional supports including Family Group Conferencing, Day Care services and Young Father's programming serve to empower entire families and communities to care for and nurture future generations.

Stage One:

- Education
- Independent Living Skills
- Prenatal and Postnatal Care
- Nutrition
- Labor preparation
- Exercise
- Time Management
- Positive Parenting
- Conflict Management
- Leisure Activities
- Relationships
- Breast Feeding
- Child Development
- Exploring Adoption
- Sharing Circles

Once standards have been achieved in partnership with resident, staff and Child & Family Services, the resident will graduate to Stage Two.

Stage Two:

Adolescent parents that graduate from Stage One will relocate to independent living options within the community.. This stage will provide ongoing support to adolescent parents through programs and outreach services for a minimum period of one year while building upon their natural skills and abilities.

Program Criteria

- Adolescents must be three - six months pregnant, between the ages of 14 - 17
- Adolescents committed to developing and achieving personal goals
- Mandatory participation in academic studies, prenatal/postnatal, nutritional and independent living programming
- Agency that will assume responsibility for payment of fees

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