



Helping Families Helping Children

Since 1984, the Ma Mawi Wi Chi Itata Centre has worked to support families to better care for children by creating meaningful opportunities for community and family involvement. We believe that **strengthening families is a worthy investment in the future.**

By focusing on the positives and building upon individual strengths, we have helped our families make tremendous strides in their ability to nurture and provide secure environments for their children.

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Honouring the Spirit of Our Little Sisters
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Ma Mawi Wi Chi Itata Centre

Positive Adolescent Sexuality Support

*“We all work together
to help one another”*



Est. 1984

Positive Adolescent Sexuality Support...

*Respect yourself, Respect Life,
Make a Healthy Choice*

Program Description

The Positive Adolescent Sexuality Support (PASS) Program offers youth an opportunity to gain increased awareness of issues related to healthy sexuality and teen pregnancy reduction.

Objectives

- To reduce teen pregnancy in the Aboriginal community
- To educate youth in the basic fundamentals of healthy relationships
- To increase awareness of STD prevention and safe sex practices
- To educate youth on reproductive health and contraception

Approach

The PASS program incorporates key components that promote the physical, emotional, mental and spiritual development of each participant.

Through a variety of workshops, youth are assisted in the journey toward self-respect and positive choices.

Workshop Series:

Healthy Relationships

Educating youth in the basic fundamentals of healthy relationships. Relationship roadmap used to explain the importance of decision making and communication within relationships.

Birth Control Methods

Educating youth on reproductive health, various forms of contraceptive methods, and three pregnancy options.

Sexually Transmitted Infections

Educating youth on S.T.I.'s such as gonorrhea, chlamydia, trichomoniasis, HIV/AIDS, herpes, etc. Prevention and safe sex practices are discussed.

FAS/FAE and Shaken Baby Syndrome

Educates youth on the effects of alcohol consumption during pregnancy and prevention of shaken baby syndrome.

Am I Parent Material?

Focuses on youth's self assessment of their ability to parent a child in a healthy capacity. 'Baby Think It Over' dolls are used to give youth an opportunity to experience parenting and understand the commitment required to raise children.

For more information, contact:

**Tel: (204) 925-0500
Email: pass@mamawi.com**



YES! I want to support Ma Mawi in their efforts to support the positive mental, spiritual, physical and emotional development of youth.

I am making a tax deductible contribution to Ma Mawi in the amount of:

- \$100
 \$250
 \$500
 Other \$

***Enclosed is a cheque/
payment order made payable
to the Ma Mawi Wi Chi Itata
Centre***

To make a donation, please fill out this form and mail your cheque or money order to:

PASS Program
C/O Ma Mawi Wi Chi Itata Centre
94 McGregor Street
Wpg, MB R2W 4V5

***Yes, I would like to receive regular e-updates on
Ma Mawi programs & services!***

Name

Address

Email Address

Phone / Fax