

Ma Mawi Wi Chi Itata Centre Inc.

Community

Training

&

Learning



Seminar Catalogue

About Us - Ma Mawi Wi Chi Itata Centre Inc:

Ma Mawi Wi Chi Itata Centre (Ma Mawi) was born in 1984 through the work of individuals that recognized the importance of working with families and their children. Since that time, the Centre has worked to provide culturally relevant preventive and support services to Aboriginal children and families living in the city of Winnipeg.

Ma Mawi is a non-mandated, non-profit Aboriginal controlled and directed organization that offers a diverse array of culturally relevant services and programs. Since its inception, Ma Mawi has evolved from being an advocacy-based agency, to one that works to empower community members to practice self-care through preventive and supportive services for children and families.

Ma Mawi's philosophy is rooted in the belief that the entire community has responsibility for the healthy development of future generations. We follow the principles within our name, "we all work together to help one another". As such, a commitment to the growth and development of the Aboriginal community underlies all of our program and service activities.

With a focus on understanding and working directly with the community that we serve, Ma Mawi strives to create local solutions that will ensure personal, family and community well-being.

*This has meant investing in individual and community capacities for self-care through **community based training and learning opportunities** for individuals, children, youth and families.*



Community Training & Learning:

The Ma Mawi Wi Chi Itata Centre has been providing community based, personal development and organizational training to individuals and groups since 1999.



Our innovative offerings focus on developing and enhancing individual and collective capacities for community self care.

At the heart of our learning approaches has been the practice of ***“building community capacity from the inside out”***. Our training is grounded in a personal mastery model. This experiential model guides Ma Mawi’s training, both in design and delivery.

Through interactive and practical workshops, participants are empowered to break through their own personal barriers towards a greater understanding of themselves and others – opening up endless

possibilities for improved personal mastery and organizational management.

Workshops can be customized to suit any requirements.

All revenues earned are re-invested in programming for community members.

Training Packages:

Personal Growth and Development

- Couple’s Gathering
- Men’s Gathering
- Women’s Gathering
- Personal Mastery
- The Healing Art of Story Telling
- Letting Go Ceremony
- Grief & Loss Ceremony
- *Seven Habits of Highly Effective People
- Family Group Conference Facilitation

** Adapted from Stephen Covey’s “Seven Habits of Highly Effective People”*

Organizational Management Skills

- Team Development
- Becoming a ‘Learning Organization’
- Strategic Planning
- Staff & Board Development
- Support Group Development
- Conference Development Training

Training Mandate:

To foster capacity building opportunities which directly benefit the Aboriginal community by providing specialized programs and innovative approaches in community training and leadership development.

Training Goals:

- To be an accessible resource to and for the Community.
- Identify and build on existing skills and leadership development in the Aboriginal community
- Create opportunities for community members to heal, renew and rebuild while enhancing individual and collective capacities for community self care
- Create healing opportunities for men and women to reclaim and renew their role as healthy, happy contributing individuals in their relationships, families and communities
- To build community capacity for social change

- To direct training and learning activities towards the sharing of gifts and knowledge, as well as the ability of community members to enhance natural skills and areas of interest.

Values & Principles:

All of our workshops build upon Aboriginal cultural teachings and traditions, incorporating Aboriginal values of:

- **LEADERSHIP**
- **HONOUR**
- **COMMUNITY CONTROL**
- **LEARNING**
- **RESPECT**
- **INCLUSION**
- **RECIPROCITY**
- **DIVERSITY**
- **CARING**
- **INDEPENDENCE**



Workshop Summaries:

Couple's Gathering - "Saki(hi)towin Maamawinom"

An opportunity for couples to come together in exploring different ways to better understand their relationship with one another. Couples are introduced to unique opportunities during this week-long journey. This experience is not a treatment program, therapeutic group or counselling session. Rather it is simply an opportunity for couples to learn how to create a healthier happier relationship.



Men's Gathering

An intense five day experience for men ages 18 and older, focusing on our roles and responsibilities as honourable men. This experience creates an opportunity for men to begin to understand their roles and responsibilities as husbands/spouses, fathers, uncles, brothers and community members. It is also an opportunity for men to examine and talk about their life stories as a way to better understand who they are and who they want to be. The goal is to empower men to move forward in their development as healthier, stronger individuals.



Women's Gathering

An opportunity for women to come together in exploring different ways to better understanding themselves. Women are introduced to unique opportunities during this week-long journey.



Personal Mastery

In this particular training, participants are introduced to the personal mastery model, which focuses on knowledge, skills and attitude. Key to this model is creating understanding on how our values and beliefs (attitude) impact on our learning, both experiential and academically (knowledge), as this determines how we utilize and facilitate the new learning (skills).



The Healing Art of Story Telling

This learning experience takes participants on the journey towards self-discovery. Through storytelling we can come to know who we are in new and unforeseen ways. We can also reveal to ourselves and to others what is deepest in our hearts. Our story can lead us to a better understanding of where we have been and where we are going.



Letting Go Ceremony

This is an opportunity for people to let go of “old baggage”. Baggage is stuff that we carry, stuff that holds us back from moving forward, from growing, from being the person that we want to be. Participants are asked through silent reflection to think about the thing or things they wish to let go. In order to move forward, we need to let go of the burden. Participants will be given the opportunity to take part in a sacred ceremony.



Grief & Loss Ceremony

Participants are taken through a four- day experience that focuses on the effects of the immediate loss and subsequent grief, which normally follows. Anyone who is affected by the loss is encouraged to participate. Participants share with one another their experiences past and present, and are encouraged to look towards the future. It is through this process that healing can begin.

Seven Habits of Highly Effective People

Participants will be introduced to and become familiar with the 7 Habits of Highly Effective People. Participants are given the opportunity to understand that we have the ability, and that we possess the power to influence change to create a positive organizational culture. This workshop is designed to help you create an empowering model from which you can effectively solve problems, maximize opportunities, and continually learn so that we can move forward in our growth.

Family Group Conference Facilitation

We will facilitate and deliver a family group conference in which we follow as our guiding principles:

- Acknowledgement that all families have strengths and decision making powers
- Family members have the most passion and investment about the safety and well-being of their own.

- Understanding that family members have more information about their history and dynamics than professionals can ever gather.
- Recognition that families need adequate resources to implement plans.
- Recognition that families need relevant information by which to base a decision.
- Family decisions need to be sanctioned and respected by Child and Family Services provided the safety issues are addressed.



Qualifications, Experience and Testimonials:

At Ma Mawi, our trainers possess a wealth of knowledge and experience in providing meaningful, value based learning experiences for individuals and groups.

Our trainers can design and deliver training that is lively, interactive practical and relevant. Participants not only learn useful skills and strategies that they can use in their personal lives and at work, but have fun while doing so!

*** Additional resources and trainers are available from Ma Mawi's 120 + staff!**

Our Trainers:

Wally Chartrand

Wally Chartrand has worked with families over the past 17 years both in the child welfare field and family resource field. The past seven years has been devoted to creating personal and professional development through learning and healing opportunities for community members and professionals. He has been with the Ma Mawi Wi Chi Itata Centre for the past five years working under the umbrella of the Community Care Initiative.

Joanne Clowes

Joanne Clowes has worked with the Ma Mawi Wi Chi Itata Centre for the past sixteen years in the family resource field. The last five years has been devoted to creating personal and professional development through learning and healing opportunities for community members and professionals. She has a strong commitment to helping and supporting community members and professionals to staying strong and growing stronger.

Edwin Twoheart

Edwin Twoheart is an Ojibway member of the Sagkeeng First Nation. Edwin is a survivor of the residential school era, and brings with him insight as to the effects of mainstream society on aboriginal peoples, it is through this insight that he brings and awareness as to what was lost through these systems. Edwin's aboriginal cultural knowledge is an asset to gaining strength and healing. Edwin currently works at the Ma Mawi Wi Chi Itata Centre as a cultural advisor and co-facilitator of the Honourable Warrior Gathering (Men's Gathering) and the Sak(hi) towin Mamawiinom (Couples Gathering). Edwin also supports community members on their healing journeys through counseling; and cultural activities.

Donald Keith Robinson, M.S.W., R.S.W.

Don, a Cree man originally from the Oxford House First Nation, has been a long time Winnipeg resident. He is a graduate of the Bachelor of Social Work Program in 1991 and the Master of Social Work Program, University of Manitoba in 2001.

In the Master's Program, he wished to continue learning the skills of therapy in completing his thesis titled: Brief Strategic Family Therapy with Aboriginal Families. He has experience in individual and family counselling working mostly with Aboriginal families. Don has also worked with children, utilizing play therapy approaches and group work. He has been extensively involved in the urban First Nations community in both paid and unpaid positions.

Since 1996, he has been an Educator & Trainer in the human development field. In this capacity, he has traveled extensively to reserve communities throughout Manitoba delivering training workshops and teaching courses for the University of Manitoba. He has been employed with the Ma Mawi Wi Chi Itata Centre office since 2000. Don is involved in the traditional way and is a member of the Wolf Clan. As a member of the Wolf Clan, he is interested in learning traditional teachings about the journey of life. With this desire to learn is an obligation to teach and share with others on the journey of life.

Our Experience:

Ma Mawi has designed and delivered training to individuals and organizations throughout Manitoba; the following is a sample of those served:

- **Manitoba Metis Federation Child & Family Services**
- **Manitoba Metis Federation Healing Foundation Project**
- **Community Education Development Association**
- **Ndinawemagaanag Endaawad**
- **Native Women's Transition Centre**
- **Andrews Street Family Centre**
- **C.A.P.C.**
- **Aboriginal Head Start Program Manitoba**
- **Little Red Spirit**
- **West Region Child & Family Services**
- **University of Manitoba - School of Social Work**



Testimonials:

“We would love to thank the facilitators for their patience, kindness, warmth and understanding and for giving my partner and I the chance to attend. We will take the tools learned for a healthy journey and apply them with our entire family.”

- Couple’s Gathering Participants

“I truly value the sharing with other women, because no “shrink” can give me that experience.”

- Women’s Gathering Participant

“This experience really helped me. I enjoyed everyone – the stories, the laughs...it has been a good experience. I recommend it for women who are willing to help themselves.

- Women’s Gathering Participant

“The experience of attending the Men’s Gathering was quite interesting, not knowing where I was going, although I felt safe throughout the trip. The guys were great, the food was great, the sports were fun. We were presented with situations involving team work and as a loner it felt good to help and

stay with the team, having to help each other. I found the program very organized and structured. It made me realize the mistakes I’ve been making in my life and why. It’s never too late to change. I look forward to attending future programs through Ma Mawi and now have a whole new perspective on life... Meegwetch!”

Men’s Gathering Participant

“On behalf of the Native Women’s Transition Centre (NWTC) we would like to officially express our thanks and appreciation for your excellent and astonishing presentation. Your presence and knowledge has definitely made our event enjoyable, worthy and helped in making our event a huge success.”

“You people were great! Thank you very much!” Manitoba Metis Federation Child & Family Diploma Program

“Yes I think everyone should do this. It helps to build self-esteem, team building skills, all the qualities needed to have a successful team!” C.E.D.A. (Community Education Development Association)

“Coming into this program I had no clue what to expect...this has been the best experience in my life.” Manitoba Metis Federation Students

“Yes I would recommend this training program to every Anishinabe organization around, because we need to work together as a united “whole” nation in a healthy and positive way.” Manitoba Metis Federation Healing Foundation Project

“Thanks Wally and Joanne for an exciting two days, showing us the path to finding new ways to communicate.” C.A.P.C. (Community Action Program for Children)

“It was a great learning experience and I think the facilitators were very open and honest and well prepared.” Little Red Spirit

“I enjoyed the training, I loved learning about consensus and learning organizations, also talking about values and how they affect us.” C.E.D.A. (Community Education Development Association)

“I would recommend this workshop to others because my belief is that learning is a life-long experience, sometimes people get bogged down believing they have nothing else to offer, therefore stay in the same place or position in the workplace.” West Region Child & Family Services



Areas of Service Delivery:

Ma Mawi training services are available throughout Canada. We work with people in their own communities, no matter how big or small.

Contact Information:

Joanne Clowes
Tel: (204) 925-0341
Email: jclowes@mamawi.com
Web: www.mamawi.com

McGregor Neighbourhood Site

94 McGregor Street
Winnipeg, MB R2W 4V5
Tel: (204) 925-0300
Fax: (204) 946-5042
mcmgregor@mamawi.com

Ellice Neighbourhood Site

743 Ellice Avenue
Winnipeg, MB R3G 0B5
Tel: (204) 925-0348
Fax: (204) 925-0308
ellice@mamawi.com

Anderson Neighbourhood Site

318 Anderson Avenue
Winnipeg, MB R2W 1E5
Tel: (204) 925-0349
Fax: (204) 925-0306
anderson@mamawi.com

Adolescent Parent Support Project

330 Blake Street 'H' Block
Winnipeg, MB R3E 24
Tel: (204) 925-0320
Fax: (204) 925-0361
blake@mamawi.com

Circle of Care

610 Spence Street
Winnipeg, MB R3B 2S1
Tel: (204) 925-4477
Fax: (204) 925-4474
spence@mamawi.com

Honouring the Spirit of Our Little Sisters Safe Home

Tel: (204) 925-1778
Fax: (204) 925-1771
hsls@mamawi.com

Visit us on the web:
www.mamawi.com