

ABORIGINAL SAFETY, HEALTH AND WELLNESS AWARENESS

*Be Responsible
for Safety, Health
and Wellness at
Work and at
Home*

CELEBRATE what is working in your organization and **SHARE** with supervisors and co-workers what is needed,
So Everyone will stay Safe, Healthy and Well!



SAFETY

- Spot the Hazard
- Assess the Risk
- Find a Safer Way
- Everyday

HEALTH

- Caring for your Body
- Reducing Stress
- Eating Well
- Getting enough Sleep

WELLNESS

- Enjoy life and work
- Cope with Stress
- Make Positive Choices
- Reach your Potential

RESPONSIBILITY

- For Ourselves
- For Our Families
- For Our Workplace
- For Our Community

Presented by Ma Mawi Wi Chi Itata Centre in partnership with the Workers Compensation Board of Manitoba (WCB) and the Workplace Safety and Health Division, Manitoba Labour and Immigration.

For more information visit www.mamawi.com