



## *Helping Families Helping Children*

Since 1984, the Ma Mawi Wi Chi Itata Centre has worked to support families to better care for children by creating meaningful opportunities for community and family involvement. We believe that **strengthening families is a worthy investment in the future.**

*By focusing on the positives and building upon individual strengths, we have helped our families make tremendous strides in their ability to nurture and provide secure environments for their children.*

**Website: [www.mamawi.com](http://www.mamawi.com)**

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Adolescent Parent Residential Learning Centre  
Tel: (204) 925-0320  
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Circle of Care  
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Honouring the Spirit of Our Little Sisters  
Tel: (204) 925-1778  
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# Ma Mawi Wi Chi Itata Centre

## Young Fathers Program

*“We all work together  
to help one another”*



*Est. 1984*

# Young Fathers Program...

*Supporting young fathers in their journey toward healthy parenting and family relationships*

## Program Description

The Young Fathers Program offers young men an opportunity to learn how to play a healthy active role in their children's lives. Young fathers learn new ways of healthy relationships towards their family.

The program is delivered over ten-weekly sessions.

## Objectives

- To give participants an opportunity to share their input regarding past and present fatherhood experiences
- To help young fathers understand that fatherhood is a long-term experience
- To empower young fathers to interact positively with their children and partners
- To empower young fathers to make healthy parenting choices

## Program Topics

- Introduction, Self-Awareness, Self-Esteem
- Healthy vs. Unhealthy Relationships
- Anger Management
- Labor and Delivery
- Guest Speakers
- Bonding With Your Baby
- Identifying Baby's Needs
- Child Development
- Cultural Teachings
- Shaken Baby Syndrome

## Program Duration

### When:

Every Wednesday from 7:00 - 9:00 p.m.

### Time:

7:00 - 900 p.m.

### Where:

94 McGregor Street

\*Supper and bus tickets provided

**For more information, contact:**

**Tel: (204) 925-0331**

**Fax: (204) 946-5042**

**Email: [dboulanger@mamawi.com](mailto:dboulanger@mamawi.com)**



**YES!** I want to support Ma Mawi in their efforts to support the positive growth and development of young fathers.

I am making a tax deductible contribution to Ma Mawi in the amount of:

- \$100  
 \$250  
 \$500  
 Other \$

***Enclosed is a cheque/  
payment order made payable  
to the Ma Mawi Wi Chi Itata  
Centre***

To make a donation, please fill out this form and mail your cheque or money order to:

Young Fathers Program  
C/O Ma Mawi Wi Chi Itata Centre  
94 McGregor Street  
Wpg, MB R2W 4V5

***Yes, I would like to receive regular e-updates on  
Ma Mawi programs & services!***

Name

Address

Email Address

Phone / Fax