

Ma Mawi Wi Chi Itata Centre (Ma Mawi)

MA MAWI IS A

Community-mandated, non-profit Aboriginal Organization that offers a diverse array of culturally reverent preventative and supportive services and programs for Aboriginal families.

Ma Mawi works to empower community members to practice self-care through preventive and supportive services for children and families.

Ma Mawi's philosophy is rooted in the belief that the entire community has responsibility for healthy development for future generations.

MORE ABOUT MA MAWI

The Ma Mawi Wi Chi Itata Centre Inc. was established in 1984 to reclaim Aboriginal people's inherent role and responsibility as the caregivers for Aboriginal children and families in Winnipeg.

Today, with over fifty (50) programs, nine (9) sites, and 200+ staff and volunteers, Ma Mawi provides a valued local presence in key neighborhoods where our community lives.

For more information or to register please Contact:

PASS Coordinator:

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Youth Programs Admin:

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Winnipeg Manitoba

Contact us:

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“We all work together to help one another”



Ma Mawi Wi Chi Itata Centre Inc.

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YOUTH PROGRAMS

MA MAWI WI CHI ITATA
CENTRE INC.



Positive Adolescent Sexuality Support Program



ABOUT PASS

On request basis, youth are educated on topics such as Healthy Relationships, Teen Dating Violence, Birth Control Methods, STDs/STBBI's, Self Esteem and much more. P.A.S.S also incorporates Cultural teachings and focuses on the importance of educating our Aboriginal youth in a Positive, comfortable, safe and Supportive environment.

In conjuncture with the Medicine Wheel, PASS focuses on the four elements of being. Education and life skills for the mind, spirituality and culture for the spirit, awareness and prevention for the body and support for the emotions.

Available Workshops

The PASS program has a wide variety of workshops available to choose from. While some of the workshops are broken down into a series, it is not necessary to complete a series. Each group has the ability to create their own workshop series based on the listed workshops below. PASS also offers one on one supports for any youth who is struggling with health or relationships. All workshops are free!

RespectEd Workshop Series:

In partnership with Canada Red Cross, individuals will participate in eight workshops that focus around healthy relationships, abuse and the impact of dating violence. Together we look at healthy and unhealthy relationships, the three different types of abuse, consent, the impact of violence on victims and offenders and how to access help.

Sexuality Education Workshop Series:

Participants will discuss a variety of topics surrounding sex and sexuality. Workshop topics include contraception methods, sexually transmitted infections, HIV and AIDS, pregnancy options, anatomy, fetal alcohol spectrum disorder and more!

Self Care Workshop Series:

Workshops in this series focus on dealing with changes and challenges young people face. Together we talk about dealing with puberty, bullying, self care, healthy eating, self esteem and team building activities, gang awareness and emotional regulation.

CAPACITY BUILDING WORKSHOPS

Currently PASS offers two capacity building workshop series.

Babysitting Basics:

Available to youth 12 and older. Youth will learn the responsibilities and rights of a babysitter, child development, basic first aid, tips on finding employment and safety and much more!

Mental Health First Aid for Adults that Interact with Youth:

Available to anyone over the age of 16. In partnership with Mental Health First Aid Canada, this training course was developed to help people provide initial support to someone who may be developing a mental health problem or experiencing a mental health crisis.

*The course does not train people to be therapists, counselors or mental health professionals. *