

Ma Mawi Wi Chi Itata Centre (Ma Mawi) Inc.

Community-mandated, non-profit Aboriginal Organization that offers a diverse array of culturally reverent preventative and supportive services and programs for Aboriginal families. Ma Mawi works to empower community members to practice self-care through preventive and supportive services for children and families.

Ma Mawi's philosophy is rooted in the belief that the entire community has responsibility for healthy development for future generations.

The Ma Mawi Wi Chi Itata Centre Inc. was established in 1984 to reclaim Aboriginal people's inherent role and responsibility as the caregivers for Aboriginal children and families in Winnipeg. Today, with over fifty (50) programs, nine (9) sites, and 200+ staff and volunteers, Ma Mawi provides a valued local presence in key neighborhoods where our community lives.



For more information
or to register please Contact:

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“We all work together to help one another”



MA MAWI WI CHI ITATA CENTRE INC

YOUTH PROGRAMS



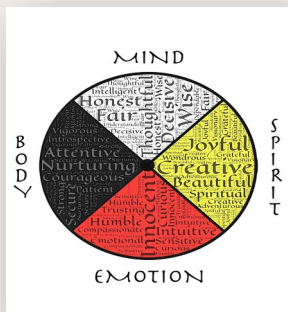
Positive Adolescent Sexuality Support Program

What is the P.A.S.S. Program?

On a request basis, youth are educated on various topics pertaining to age appropriate subjects. The Positive Adolescent Sexuality Support Program (P.A.S.S.) is a peer based, family support and community education program designed to reduce adolescent pregnancy, promote healthy adolescent sexuality and increase the capacity of youth to make informed choices regarding their sexuality. Sex education is offered in a culturally appropriate manner to youth from 8-19 years of age. P.A.S.S. also incorporates Cultural teachings and focuses on the importance of educating our Aboriginal youth in a positive, comfortable, safe, and supportive environment.

In conjunction with the Medicine Wheel, P.A.S.S. is delivered in the following manner:

- Education and life skills for the mind
- Spiritually and culture for the spirit
- Awareness and prevention for the body
- Support for the emotions



What type of Program does P.A.S.S. offer?

The P.A.S.S. program has a variety of workshop to choose from. Some workshops are formatted in smaller series due to the content. Each group has the ability to select single workshops or combine them to fit the group needs. P.A.S.S. also offers one on one supports for youths who are struggling with health or relationships issues. All workshops are FREE!

The workshops that are provided include:

- Anatomy
- Healthy relationship
- Abuse
- Birth control method
- Sexually transmitted diseases
- Two-Spirited
- LGBTQ2S+
- Am I ready to be a parent?
- FAS / FAE
- Shaken Baby Syndrome
- Exploitation of Youth
- Cycle of violence
- Am I approachable?
- Cultural Teaching
- Nobody Perfect Program
- Self-Care
- And more...

“SPECIALIZED WORKSHOPS AVAILABLE”

Available Workshops

RespectEd Workshop Series: In partnership with Canada Red Cross, individuals will participate in eight workshops that focus around healthy relationships, abuse and the impact of dating violence. Together we look at healthy and unhealthy relationships, the three different types of abuse, consent, the impact of violence on victims and offenders and how to access help.

Sexuality Education Workshop Series: Participants will discuss a variety of topics surrounding sex and sexuality. Workshop topics include contraception methods, sexually transmitted infections, HIV and AIDS, pregnancy options, anatomy, fetal alcohol spectrum disorder and more!

Self Care Workshop Series: Workshops in this series focus on dealing with changes and challenges young people face. Together we talk about dealing with puberty, bullying, self care, healthy eating, self esteem and team building activities, gang awareness and emotional regulation.

Capacity Building Workshops: Currently P.A.S.S. offers two capacity building workshop series.

Babysitting Basics: Available to youth 12 and older. Youth will learn the responsibilities and rights of a babysitter, child development, basic first aid, tips on finding employment and safety and much more!

Mental Health First Aid for Adults that Interact with Youth: Available to anyone over the age of 16. In partnership with Mental Health First Aid Canada, this training course was developed to help people provide initial support to someone who may be developing a mental health problem or experiencing a mental health crisis.